

# SCHOOL OF PHARMACY AND HEALTH SCIENCES

MASTER OF SCIENCE IN HUMAN GENETICS AND GENETIC COUNSELING

# Progress and Self-Evaluation Form (Industry)

## PART 2

## **Goals**



Overall, I feel that I have improved my skills in the following areas (i.e. management, education, counseling, professionalism, etc.):					
I would like to conc	entrate on developing	the following skills	s during future pra	ctice:	
Additional Comme	nts:				



## **Student Instructions and Guidelines**

The skills below have been adapted from the ACGC's Practice Based Competencies (2013) which describe areas of proficiency.

**Beginning level (i.e. Clinical Rotations 1):** This is the level of skill expected of a beginning student with little to no genetic counseling clinical experience. At this level, student demonstrates basic knowledge, takes on portions of tasks, and may be inconsistent and/or requires moderate supervision. Students at this level are working towards proficiency in the following basic skills: case preparation, obtaining pedigree, identification of specific components of a session, familiarity with procedures, repetition, practice, writing chart notes, patient letters, conducting follow up, establishing rapport, and beginning to identify psychosocial issues.

**Intermediate level (i.e. Clinical Rotation 2, 3):** This is the level expected of a student with some genetic counseling clinical experience. The student demonstrates the ability to apply knowledge when analyzing a situation or addressing more complex aspects of area. At this level, the student requires some supervision and shows varied consistency in demonstrating higher skill levels. Students should continue to increase role in genetic counseling session, be eager to develop skills, and begin to address psychosocial issues and integrate session components. Students should be able to lead the majority of the session.

**Advanced level (i.e. Clinical Rotations 4, 5):** This is the level of skill demonstrated by an entry-level genetic counseling professional. Student has advanced skills, consistently performs with autonomy, and requires little-to-no supervision. Student demonstrates ability to function independently, handle a full session, accept more complex cases, enhance well-developed skills, and master practice-based competencies.

#### Student Instructions

This is an assessment tool to help you recognize your skill level in specific areas of genetic counseling practice and to structure personal goals for attaining these skills. Please use a 5-1 scale to assess your perceived skill level in each area, where 5 is "strong skill" and 1 is "weak skill" (definitions and further guidelines are provided below). If you did not practice a particular skill, please select N/A. Numerical scores should correlate with what is expected of you at the current level of training. Results of your self-assessment are to be reviewed with the supervision team.

#### **Definitions/Guidelines**

- 5 Strong Skill: outstanding, exceeds expectations for level of training
- 4 Moderate-Strong Skill: great, sometimes exceeds expectations of level of training
- 3 Moderate Skill: good, meets expectations for level of training
- 2 Weak-Moderate Skill: satisfactory, at or below expectations for level of training
- 1 Weak Skill: poor, significantly below expectations for level of training
- NA Not Applicable (please use sparingly)



# **Section 2: Competencies**

Communications and Counseling Skills	5	4	3	2	1	N/A
	(5 = Strong Skill, 1 = Weak Skill)					
Build rapport and lay the groundwork for a trusting peer-peer relationship						
Communicate effectively						
Document clinical or scientific information clearly and concisely in writing						
Provide clear understanding (including execution) of assigned tasks/assignments						
Explain the technical and medical aspects of testing methods including associated benefits and limitations						
Demonstrate appropriate review of medical information including pedigree analysis						
Identify, synthesize, organize, and summarize pertinent medical and genetic information for use of or indication for genetic testing						
Present case information clearly and concisely in writing and as appropriate to the audience						
Utilize counseling skills (rapport, listening, etc.) in a setting other than a clinical one						0
Use professional guidance skills to promote client autonomy and empowerment						
Demonstrate personal psychosocial and ethical awareness of the potential ramifications that test results play by presenting them in a way that improves the manner in which information is presented to the family						

Laboratory/Industry Skills	5	4	3	2	1	N/A
	(5 = Strong Skill, 1 = Weak Skill)					
Demonstrate and utilize a depth and breadth of understanding and knowledge of genetics and genomics core concepts and principles						
Critically assess genetic/genomic, medical and social science literature and information						
Able to provide variant interpretation analysis						
Demonstrate knowledge regarding specimen handling						
Demonstrate knowledge regarding prior-authorization processes for insurance billing						
Demonstrate knowledge regarding the policies of insurance billing, institutional billing, self-pay, and other payment methods with regards to laboratory fees and protocols						
Demonstrate knowledge regarding the utilization of marketing, design, and educational concepts with regards to a laboratory test menu						



Professionalism and Practice	5	4	3	2	1	N/A
	(5 = Strong Skill, 1 = Weak Skill)					
Maintain a consistent degree of professionalism in a non-traditional working environment						
Can establish and maintain interdisciplinary professional relationships to function as part of a team						
Seek feedback and/or asks appropriate questions of team members						
Able to work independently with appropriate need of supervision						
Recognize self-limitations and challenges and can create/assist with implementing solutions to overcome or manage these barriers						
Able to provide valuable self-critique and discuss with team members						
Recognize and manage emotional responses to professional interactions						
Respond respectfully to constructive criticism						
Integrate critique into practice						
Able to respond appropriately when "I don't know"						
Establish and maintain clear and consistent personal boundaries						
Demonstrate a self-reflective, evidenced-based, and current approach to genetic counseling practice						
Demonstrate understanding of conflicting variant interpretations or uncertain significance (not enough available data) and/or tolerance for ambiguity						
Act in accordance with the ethical, legal, and philosophical principles and values of the genetic counseling profession and the policies of one's institution or organization						
Demonstrate initiative for continued professional development						



# **Section 3: Overall Performance**

Objectives:

Shows skills well beyond set objectives

Meets objectives and shows progress beyond

Meets objectives satisfactorily

Meets some objectives, needs help with others

Not able to meet objectives

Genetics/Genomics Knowledge Base:

Outstanding

Very good

Average

Below average

Poor

Critical Thinking:

Outstanding

Very good

Good

Has difficulty

Poor

Attitude:

Outstanding interest and enthusiasm

Very interested and enthusiastic

Average in interest and enthusiasm

Somewhat indifferent or unenthusiastic

Not interested/unenthusiastic

Dependability:

Completely dependable

Above average in dependability

Usually dependable

Sometimes neglectful or careless

Unreliable

Quality of work:

Excellent

Very good

Average

Below average

Poor



# **Rubric**

We recognize that there may be skills and qualities that aren't translated into the pre-populated scores from sections 2 and 3. Accordingly, for each of the competency areas below, we have provided you the opportunity to select a numerical score that may or may not vary from the pre-populated one.

	Outstanding (exceptional, exceeds expectations)	Good (above average)	Satisfactory (average)	Marginal/Poor (below average)
Communications and Counseling	55-32	31-20	19-12	11 or less
Populated (from page 5)  Please manually enter final score	For expected skill level, consistently demonstrates the ability to convey information with ease in a clear and concise manner, appropriate to audience. Demonstrates solid understanding and practice of skills such as medical and psychosocial assessment, empathy, and informed and value-based decision-making. Consistently able and/or willing to adapt for varied service delivery models.	For expected skill level, usually demonstrates the ability to convey information with ease in a clear and concise manner, appropriate to audience. Demonstrates understanding and practice of skills such as medical and psychosocial assessment, empathy, and informed and value-based decision-making. Generally able and/or willing to adapt for varied service delivery models.	For expected skill level, sometimes demonstrates the ability to convey information with ease in a clear and concise manner, appropriate to audience. Seldom demonstrates understanding and practice of skills such as medical and psychosocial assessment, empathy, and informed and value-based decision-making. Sometimes able and/or willing to adapt for varied service delivery models.	Consistently below expected skill level. Has difficulty demonstrating the ability to convey information with ease in a clear and concise manner, appropriate to audience. Lacks sufficient understanding and practice of skills such as medical and psychosocial assessment, empathy, and informed and value-based decisionmaking. Unable and/or unwilling to adapt for varied service delivery models.
Laboratory/ Industry Skills	35-20	19-12	11-6	5 or less
Populated (from page 5)  Please manually enter final score	Consistently demonstrates thorough knowledge and breadth of understanding of concepts and principles. Employs strong sense of resourcefulness.	Usually demonstrates thorough knowledge and breadth of understanding of concepts and principles. Employs sense of resourcefulness.	Sometimes demonstrates thorough knowledge and breadth of understanding of concepts and principles. Needs to improve resourcefulness.	Does not demonstrate knowledge and breadth of understanding. Lacks resourcefulness.
Professionalism and Practice	75-60	59-45	44-35	34 or less
Populated (from page 5)  Please manually enter final score	Consistently exhibits behaviors of an engaged and evolving professional. Has an accurate conception of what they can contribute to the profession. Displays ethical and respectful behavior to all. Demonstrates strong sense of self-awareness and/or accountability.	Usually exhibits behaviors of an engaged and evolving professional. Has a general conception of what they can contribute to the profession. Regularly displays ethical and respectful behavior to all. Demonstrates sense of self-awareness and/ or accountability.	Sometimes exhibits behaviors of an engaged and evolving professional. Has a broad conception of what they can contribute to the profession. Displays irregular ethical and respectful behavior to all. Demonstrates inconsistent sense of self-awareness and/or accountability.	Does not demonstrate the behaviors of an engaged and evolving professional. Has inaccurate conception of what they can contribute to the profession. Has difficulty adhering to ethical and respectful behavior. Lacks a sense of self-awareness and/or accountability.
Overall Performance	90-80	79-65	64-45	44 or less
Populated (from page 5)  Please manually enter final score	For expected skill level, the student often exceeds expectations. Student shows exceptional skills and development. Is very interested and enthusiastic, dependable, has excellent critical thinking skills and a strong knowledge base. The overall quality of the work is outstanding.	For expected skill level, the student shows great skill, progression and development and sometimes exceeds expectations. Is interested and enthusiastic, dependable, has good critical thinking skills and knowledge base. The overall quality of the work is good.	For expected skill level, the student exemplifies skill, progression and development that meets expectations. Is interested and enthusiastic, dependable, has average critical thinking skills and knowledge base, most of the time. The overall quality of the work is average.	For expected skill level, the student does not adequately meet expectations. Inconsistently shows interest and enthusiasm, dependability. Has difficulty with critical thinking with a weak knowledge base. The overall quality of the work is below average.



# **Signatures**

The above was reviewed with my supervisor(s)						
Signature of Genetic Counseling Student		Date				
Signature of Supervisor		Date				
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\*Must add date prior to electronic signature.